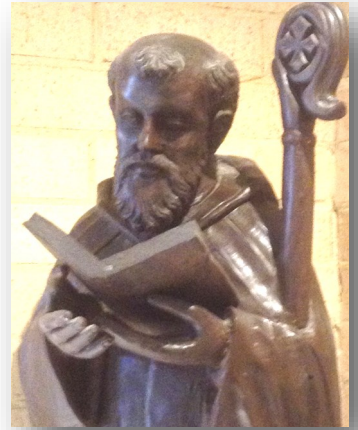


St Benedict's Parish

Arcadia

To deny oneself, in order to follow Christ.
Rule of St Benedict, Chapter 4



All public Masses and gatherings have been suspended until further notice

Weekend Mass

Weekday Mass

Special Masses at the Parish

Monthly Mass

Children's Mass

Exposition of the Blessed Sacrament

Liturgy of the Word

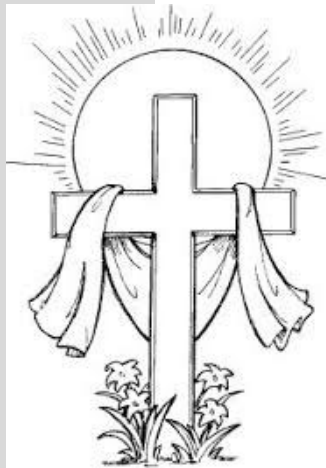
Baptisms are celebrated at 11.00am on the 2nd & 4th Sunday of the month. Please see Father Bernard.

Reconciliation available by appointment.

For the sick who require a priest, please call Father Bernard.

Marriages by appointment, please see Father Bernard.

Funerals to be arranged through Father Bernard.



Easter Sunday of the of the Resurrection Year A

11 & 12 April 2020

First Reading

A reading from the
Acts of the Apostles
10:34. 37-43

*We have eaten and drunk with him
after his
resurrection from the dead.*

Responsorial Psalm

Psalm 117 R.v.24

Alleluia. This is the day the Lord has made;
Let us rejoice and be glad.

Second Reading

A reading from the letter of
St Paul to the Colossians 3:1-4

Look for things that are in heaven, where Christ is.

Gospel Acclamation

Alleluia, alleluia!

Christ has become our paschal sacrifice;
Let us feast with joy in the Lord.
Alleluia!

Gospel

A reading from the holy Gospel
according to John 20:1-9

LITURGY OF THE HOURS

The liturgy of the hours is recited in the Monastery Chapel every day:

5.45am	Office of Readings
6.30am	Morning prayer
12.45pm	Midday prayer
6.00pm	Evening prayer
8.00pm	Night prayer

ALL are welcome to observe these times privately.

LENTEN REFLECTION

These days of social isolation have certainly put us on notice about the importance of Parish. In the past we may have taken for granted the chance to gather as the priestly people of God each week to give praise to God and ask God's help in our lives. For many of us "going to Church" has been our only time for being religious each week. Our own prayers have taken second place to the cleric leading us at Sunday Mass. Maybe the current drought of Mass is a good wake-up call for us to restore the most important resource of our own daily prayer!

"Where two or three gather in my name, there I am in their midst", is the promise of Christ to us. Yet do we let this promise inform our understanding of our family? We may be alert to this promise when we go to Church, but can it also inform us of the sacredness of our family, particularly our gathering for meals? In these days when we cannot gather in the church, we can still be Church for one another. As we restore this awareness of our faith to our attention, we can be laying the basis for a great development: to move us from a clerical centred community to one built on the foundation of the living faith of each of us. For it is on the foundations of that gift of our faith which each of us brings to Sunday Mass that we join with the presiding cleric to be the priestly people of God.

So in these days of social isolation let us take the opportunity to gather in prayer with our family at particular times during the day. For some this may be praying the Lord's Prayer together, naming the special needs of our family that day and the needs of all around us; we could pray the Rosary together; we could read a passage from Scripture to let God shine light upon our life. Over Holy Week the parish will be providing short prayer services for each day to focus our prayer for that day. These are intended to help you pray as a family.

Whatever way we do it let us strengthen each other by taking time each day to be the Body of Christ.

David Orr osb

(See guided prayers at home on next page)

ALL HOLY WEEK SERVICES AND MASSES HAVE BEEN CANCELLED

This includes

MASS OF THE LORD'S SUPPER



STATIONS OF THE CROSS

PASSION OF THE LORD

EASTER VIGIL MASS

EASTER SUNDAY MASS

See suggestions on next page for family celebrations.

**POPE FRANCIS' PRAYER INTENTION FOR APRIL
Freedom from Addiction**

We pray that those suffering from addiction may be helped and accompanied.



In Our Parish

We remember in our prayers - all our dearly beloved who have died.

We welcome into God's family - to all who were recently baptised.

We pray for the sick of our Parish - Terri Butler, David Todd, John Poole, Maria Jasser, Annabelle Twyford and her grandma June Payne, Freya Sunderland, & Sarah Gatt.

POPE FRANCIS' PRAYER TO MARY DURING THE COVID-19 PANDEMIC

O Mary, you always shine on our path as a sign of salvation and of hope. We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain, keeping your faith firm. You, Salvation of the Roman People, know what we need and we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial.

Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen

FAMILY EASTER IDEAS!

- ◆ View Mass online

<https://www.bbcatholic.org.au/places/mass-on-demand>

- ◆ Hold a liturgy at home - Liturgy Brisbane has guided prayers for each day of Holy Week

<https://www.liturgybrisbane.net.au/learn/liturgical-documents/holy-week-at-home/>

- ◆ Resources for children - Diocese of Broken Bay has "Connected in Christ" fun sheets

<https://www.bbcatholic.org.au/news-events/covid-19/prayer-resources>

- ◆ The Kid's Bulletin

<https://thekidsbulletin.com/>

- ◆ Holy Week at Home - prepared by the Catholic Schools Office

<https://www.bbcatholic.org.au/news-events/covid-19/prayer-resources/resource-articles/holy-week>

Available - motorised wheelchair - see Fr Bernard.

MEETINGS

All meetings including Parish Council and Finance Committee meetings are suspended until further notice.

CATECHIST NEWS

Wishing all a very happy and holy Easter! Once again echoing Bishop Anthony's message that 'We journey together!' even though we may be physically separated.

May this be a time of spiritual renewal for us all!

A reminder - all training, scheduled to be held during the school holidays, has been postponed until further notice.

Let us all keep our parish and community in our prayers this Easter.

God bless, Miriam Brown 9652 0558
Parish Catechist Co-ordinator

FETE CANCELLED

The Raffle will still be drawn on Sunday 3rd May and winners contacted.

1st prize	One week in 3 bedroom apartment opposite beach at Hawkes Nest
2nd prize	Calf from Monastery herd
3rd prize	Bike
4th prize	PlayStation 4

For any questions please contact Robin 0405 482 222

PROJECT COMPASSION

Project compassion boxes are available for you to take home. Here is the weekly story highlighting the positive impact our community is making:

Domenic, 47, is a father of six from Papua New Guinea. In 2016, he became involved with Caritas Australia's partner, Centre of Hope who runs safe house and family anonymous programs and turned a difficult life and an unhappy relationship around.

PRAISE

Unfortunately Catholic Youth Broken Bay PRAISEFEST has been cancelled. May we continue to pray for healing of all those who are affected by this illness as well as others and for the healthcare workers who are treating them at this time.

Remember to be kind to one another and spread joy when you can at a socially acceptable distance!

National Catholic Safeguarding Standards:

National Catholic Safeguarding Standards: Leadership, monitoring & Improvement.

Standard 9 – The Parish regularly reviews and improves systems for keeping children safe

Key Elements of Standard 9:

- * Regularly reviews and improves practices
- * Analyses concerns and complaints to identify causes and potential system failures
- * Reports of the findings of relevant reviews

If you have a concern for the safety and wellbeing of a child or young person or vulnerable adult, tell someone who can help.

These people in our Parish can help:

Fr Bernard 0416 032 497 Lorraine Dailey 0416 081 882

Or contact the **Office for Safeguarding on 8379 1605**

SACRAMENTAL PROGRAM

HAS BEEN CANCELLED UNTIL FURTHER NOTICE

For further information please contact:

Theresa Neely on 0447 425 077.

50TH ANNIVERSARY OF THE PARISH

This year we are celebrating the 50th Anniversary of the Parish. The celebration intended for July has now been postponed until further notice.

ST BENEDICT'S YOUTH GROUP

We would like to invite youth from years 6 and above (or aged 12-17 years) to join us for our Youth Group sessions held monthly on Fridays 5-7.30pm during the school term.

Please note due to the coronavirus situation, our Youth Group will be suspended until further notice,

For more information please contact
Nerida on: 0425 834 017.

PLAYGROUP

CANCELLED until further notice

Children all ages up to 5 years.
Every Monday during school term from 10am to 12pm at the Parish. Craft, stories, games, picnics and occasional fun outings.
Enquires phone Lisa 0405 305 393

Gospel reading for this Week Easter Sunday - Year A

A reading from the holy Gospel according to John 20:1-9

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb,' she said 'and we don't know where they have put him.'

So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

This is the Gospel of the Lord.



Parish Office: 9653 2312
Parish Priest: Fr. Bernard McGrath osb
After hours: 0416 032 497
Good Samaritan Sisters: 9653 1231
Facebook: stbenedictsarcadia

Office Hours: Mondays & Fridays 10.30am to 3pm
Monastery: 9653 1159
Email: arcadia.parish@bigpond.com
Website: www.bbcatholic.org.au/arcadia

**For all parish Occupational Health & Safety and Safeguarding Children matters
please contact Lorraine Dailey on 0416 081 882.**

Gospel reading for Next Week Second Sunday of Easter - Year A

A reading from the holy Gospel according to John 20:19-31

In the evening of that same day, the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them. 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

'As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

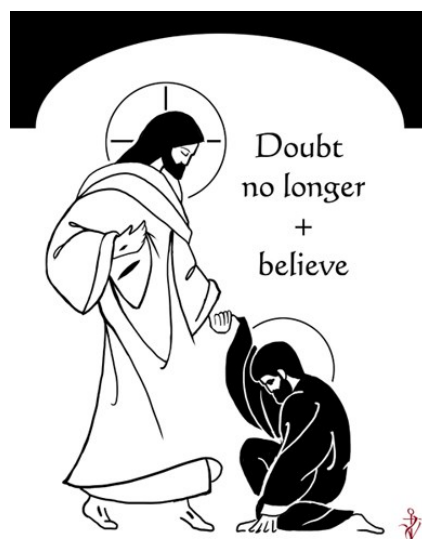
'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.'

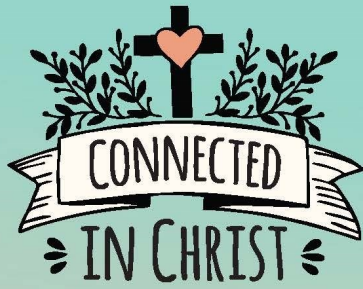
Thomas, called the Twin, who was one of the Twelve, was not with them when Jesus came. When the disciples said, 'We have seen the Lord,' he answered, 'Unless I see the holes that the nails made in his hands and can put my finger into the holes they made, and unless I can put my hand into his side, I refuse to believe.' Eight days later the disciples were in the house again and Thomas was with them. The doors were closed, but Jesus came in and stood among them. 'Peace be with you,' he said. Then he spoke to Thomas, 'Put your finger here; look, here are my hands. Give me your hand; put it into my side. Doubt no longer but believe.' Thomas replied, 'My Lord and my God!' Jesus said to him:

'You believe because you can see me. Happy are those who have not seen and yet believe.'

There were many other signs that Jesus worked and the disciples saw, but they are not recorded in this book. These are recorded so that you may believe that Jesus Christ, the Son of God, and that believing this you may have life through his name.

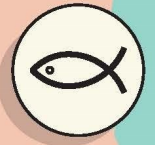
This is the Gospel of the Lord.





EASTER SUNDAY, RESURRECTION OF OUR LORD AND SAVIOUR JESUS CHRIST.

This is the greatest week in the Church's calendar, with an entire octave dedicated to celebrating Jesus, risen from the grave. Let us rejoice in the risen Christ and the mercy, hope and love of God poured out and promised to each of us.



READING SUNDAY'S GOSPEL – MATT 28:5-6

"There is no need for you to be afraid. I know you are looking for Jesus, who was crucified. He is not here, for he has risen, as he said he would."

Read the full text at

<https://liturgyhelp.com/> (create a free account)



REFLECTION:

"This morning as we celebrate and experience the Resurrection of Jesus, let us follow Marys Magdalene's example; let us go and share with others our own good news; Jesus is risen, death has been defeated, light and goodness have triumphed" <https://oblates.ie/gospel-reflection-easter-sunday/>

PRAYER:

Jesus is love;
Love has overcome death.
Jesus is light;
Light has overcome darkness.
We are an Easter people,
filled with joy,
and with all the angels and saints,
we exalt your name and exclaim,
Alleluia, Jesus Christ our Lord is risen!



ADDITIONAL RESOURCES:

The Power of the Resurrection of Jesus:
<https://catholicstrength.com/tag/the-power-of-the-resurrection-of-jesus/>

Bishop Barron on the Resurrection of Jesus
<https://www.youtube.com/watch?v=UlbmCOm8jFs>

SONG:

Because He Lives (Amen) – Matt Maher:
<https://www.youtube.com/watch?v=PBvU7arNhQs>

THIS WEEK:



Bring the Holy Week symbols and rituals into your home by downloading "An Experience of Holy Week and Easter at Home" from <http://bbcatholic.org.au/connected-holyweek>

This week, show the world we are an Easter people of hope. Light up your house on the Easter Vigil – pull out the Christmas lights, turn on your house lights or simply place a lit candle in your front window, continue this for the entire Easter Octave.

CHILDREN'S RESOURCES:

The Easter Story
https://www.youtube.com/watch?v=bkTU_Vv5Ew

YOUTH RESOURCE:

<https://youtu.be/7Nrk7mOwLhE>

EASTER SUNDAY



Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

APOSTLES
FAITH
HOPE
JESUS
JOY
LAMB

LOVE
MARY
MERCY
PEACE
PROMISES
RESURRECTION

RISEN
SAVIOUR
VICTORY

<https://www.superteacherworksheets.com/generator-word-search.html>

MORE RESOURCES AT:

bbcatholic.org.au/connected



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